JUNE 2016

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“Yoga does not just change the way we see things, it transforms the person who sees.” – BKS Iyengar
Exercise MALABAR-16 (20th Edition) was conducted from 14 to 17 June 2016 [Harbour Phase (Sasebo - 10 to 13 June 16; Sea Phase (Pacific Ocean-14 to 17 June 16)] witnessing participation of the Indian Navy (IN), US Navy (USN) and the Japan Maritime Self Defence Force (JMSDF). The JMSDF participated in MALABAR-16 as a regular member for the first time, consequent to the decision taken during the PM Summit Meeting held in New Delhi in December 2015 between Prime Minister Shri Narendra Modi and Prime Minister Mr Shinzo Abe. Exercise MALABAR-16 will be yet another significant step in strengthening mutual confidence, inter-operability as well as sharing of best practices between the IN, JMSDF and the USN to develop common understanding of procedures for Maritime Security Operations.

The IN ships participating in the Exercise are from the Eastern Fleet and include INS Sahyadri and INS Satpura, indigenously built guided missile stealth frigates, INS Shakti, a modern fleet tanker and support ship and INS Kirch, an indigenous guided missile corvette.

H.E. Mr Sujan R Chinoy, Ambassador of India to Japan, visited IN Ships at Sasebo from 10-12 Jun 2016 during the Harbour Phase. He also co-hosted a reception with Rear Admiral SV Bhokare, YSM, NM, Flag Officer Commanding Eastern Fleet aboard INS Satpura and INS Sahyadri on the 11 Jun 2016 in which he interacted with various dignitaries including Mr Norio Tomonaga, Hon’ble Mayor Sasebo City; VAdm Kazuki Yamashita, Commandant Sasebo District Force, JMSDF; VAdm Joseph P Aucoin, Commander US 7th Fleet, USN; and, RAdm Koji Manabe, Commander Escort Flotilla 3, JMSDF besides the other Officers of the participating Navies. The Ambassador, in his speech, highlighted the salience of evolving Maritime relationship between India, Japan and the United States to address the myriad security challenges in the Indo-Pacific region.

The Indian Navy (IN) Eastern Fleet Ships departed Sasebo (Japan) on 14 Jun 2016 (0830-1030 hrs) for the Sea Phase of Exercise Malabar-16 from 14-17 Jun 2016. The visiting Eastern Fleet Ships were given a warm Send Off by the JMSDF Sasebo District Force and the Embassy of India (Tokyo).

The INS Satpura, Sahyadri, Kirch and Shakti visited Sasebo for the Harbour Phase from 10-14 Jun 2016. The period was utilized for Operational and Logistic coordination amongst the three navies besides Professional Exchanges before the onset of Sea Phase Exercises. In addition, IN also participated in the Joint Band/ March Past Event at Shimase Park and Wreath Laying Ceremony at the Higashiyama Imperial Navy Cemetery.

The 8th India-Japan-USA Trilateral Dialogue

The 8th India-Japan-USA Trilateral Dialogue and bilateral consultations with Japan & US were held in Tokyo on 20-21 June. The Indian delegation was led by Mr. Pradeep Rawat, Joint Secretary, East Asia, Ministry of External Affairs.

Meeting with Toyama Governor

Ambassador H.E. Mr Sujan R Chinoy met Toyama Governor Mr Takakazu Ishii on 9 June and exchanged views promoting ties with India and in particular Andhra Pradesh with which it has sister state MoU. Ambassador also attended the Annual General Body meeting of Toyama India Association

Seminar/Road Show on ‘Opportunities in the Indian Gaming Sector’

A Seminar/Road Show was organised by the Confederation of Indian Industry (CII), JIIPA and the Embassy of India, Tokyo on ‘Opportunities in the Indian Gaming Sector’ on 13th June, 2016 at the Vivekananda Cultural Centre auditorium at the Embassy of India, Tokyo. Ambassador of India, H.E. Mr Sujan R. Chinoy delivered the opening address at the Seminar. The other speakers at the Seminar included Mr. Atsuo Hirai, Director, Media and Content Industry Division, Commerce and Information Policy Bureau, Ministry of Economy, Trade & Industry (METI), Govt. of Japan, Mr. Hideki Okakura, Chairman, Computer Entertainment Suppliers Association (CESA), Mr. Shuhei Ueda, Chairman, Japan Online Game Association (Joga), Mr. San E Ichii Bureau Head, Visual Industry Promotion Organisation
(VIPO), Mr. Roy Jacob, Director-Trade Fairs, Confederation of Indian Industry (CII) and Mr. Shashi Somalwar, Advisor, Japan India Industry Promotion Association (JIIPA). This hands-on seminar was aimed at giving Japanese companies, and SMEs in particular, insights into the Indian Gaming market and highlight business opportunities, in addition to pinpointing strategies for successfully entering this India's gaming market, and to introduce the forthcoming ‘India Gaming Show (IGS) scheduled from 2nd to 5th February, 2017 at Pragati Maidan in New Delhi. The Seminar was well attended by the Japanese game Industry, developers and service companies looking for opportunities in the Indian market.

Visit to NHK, Japan Broadcasting Corporation

Ambassador of India, H.E. Mr. Sujan R. Chinoy visited NHK and addressed audience ranging from junior producers to senior commentators. In his address, Ambassador spoke about India-Japan ties in evolving regional & global context. The address was followed by an interactive session. June 15, 2016

Curtain Raiser: The Second International Day of Yoga 2016

The Embassy of India, Tokyo organized "Curtain Raiser: International Day of Yoga 2016" on 9 June 2016 at the VCC Auditorium in the run up to the 2nd International Day of Yoga(IDY) celebrations in Japan. Ambassador of India, H.E. Mr. Sujan Chinoy addressed the gathering which included members of the media, along with yoga organizations in Japan and a number of yoga enthusiasts. A special T-shirt with the IDY logo was unveiled by Ambassador, Mr. Tetsuya Kimura, Director General of Japan Sports Agency, Mr. Shizuo Suzuki, Representative Director of Maharishi Institute of Total Education Japan, Ms. Akiko Kato, 1st runner up of Miss World Japan 2015, and Mr. Amitava Gosh, Vice President and Head-North Asia, Tech Mahindra Ltd. Maharishi Institute of Total Education Japan and Tech Mahindra Ltd Japan sponsored the IDY T-shirts for the Embassy’s 2nd IDY event on 19th June 2016 at Taimei Elementary School, Ginza. The programme of the curtain raiser included a short video on the IDY, a presentation on the events lined up for the 2nd IDY celebrations in different parts of Japan and yoga demonstration by Japanese students taking yoga lessons at the Embassy.

The Second International Day of Yoga 2016 celebrations in Japan

Embassy of India, Tokyo organized an event marking the celebrations of 2nd International Day of Yoga from 0830hrs-1030hrs on 19 June 2016 at Taimei Elementary School in Ginza. Around 800 yoga enthusiasts from different nationalities including members from the diplomatic community took part in the event and experienced yoga session at the indoor and outdoor venues of the school. H.E. Mr. Carlos Fernando Almada López, Ambassador of Mexico to Japan, H.E. Mr. Freddy Svane, Ambassador of Denmark to Japan and Mr. Tetsuya Kimura, Director General, Japan Sports Agency joined H.E. Shri Sujan Chinoy, Ambassador of India at the event and experienced Yoga.

The event began with the Inaugural Address from the Ambassador of India who also read the message from Hon'ble Prime Minister of India to the participants. This was followed by a talk on yoga by Mr. Mohan Gopal, Art of Living Foundation, Japan, and Mr. Shizuo Suzuki, Maharishi Institute of Total Education Japan and a yoga session conducted by Dr. Hemant Sharma, Yoga teacher of the Vivekananda Cultural Centre. On this occasion, the Embassy also donated 108 children's books from the Vivekananda Culture Centre Library to the Taimei Elementary School. The Embassy also had partnered with various organizations in organizing more than 180 events across different cities in 38 Prefectures of Japan. The Japan News carried an article about the event on the front page. The event also featured in NHK’s BS1 Japan TV programme which was broadcast on 21st June.
Message from Hon’ble Prime Minister of India Shri Narendra Modi
ahead of 2nd International Day of Yoga

My dear friends from all over the world,

It gives me great pleasure to address you as we prepare for the 2nd International Day of Yoga - this unique occasion that brings all of us together to celebrate the invaluable gift of India’s ancient tradition. When I outlined a vision for an International Day of Yoga in September 2014 at the United Nations General Assembly, even I did not anticipate the enormous enthusiasm for the occasion from all corners of the world. Your support and participation last year, and once again now redeems our commitment to nurture and promote this ancient discipline, and reaffirms yoga as an exemplary manifestation of “VasudhaivaKutumbakam” - The world as one family.

I recall the iconic images from that momentous day last year. All the way from the Pacific Islands to Port of Spain, from Vladivostok to Vancouver and from Copenhagen to Cape Town, thousands gathered to unite the bodies and minds through the practice of Yoga. And the reverberations of their discipline found a natural home at the UN Headquarters in New York, where the journey had begun. I myself was fortunate to celebrate the event along with 36,000 of my fellow citizens and foreign guests in New Delhi.

As so many of you have already discovered, Yoga is much more than a physical exercise - it enables us to access a new dimension of the self, even while providing a holistic approach to preventive healthcare and wellbeing. Yoga helps us to restore our balance and furnishes us with a much needed sense of clarity. And through its unifying power, we seek completeness, and at the same time, a oneness with the world.

Today all of you are the Ambassadors of Yoga, taking forward India’s ancient message to the world. I thank you for your commitment and welcome you as sisters and brothers of India’s family.

Message from Hon’ble External Affairs of India Minister Smt. Sushma Swaraj
ahead of 2nd International Day of Yoga

It is a matter of immense happiness that at India’s initiative the United Nations declared 21 June as the International Day of Yoga. This is the second year when we celebrate the International Day of Yoga with great fervor both in India and abroad. Last year also this event was celebrated on a grand scale and it is our expectation that this time the celebrations will be on twice the scale and will see twice the participation.

I would like to emphasize that Yoga is not mere exercise. Yoga is a combination of exercise for the body as well as the soul. For this reason, while a person feels exhausted after exercising, after Yoga the person is not exhausted, rather feels a sense of inner peace. If you start Yoga by doing Pranayam and end it with Yog Nidra or Shavasan you will achieve release from stress and you will feel new energy and vitality flow through your body. On the one hand Yoga is a medium to fight chronic ailments; on the other it is also a means to attain spiritual energy.

Given the grand scale at which we are celebrating the International Day of Yoga, I invite each and every one of you to join hands with us. I would also like to convey my best wishes to those who are unable to participate this time but who would be inspired by you to take up Yoga afresh and participate next time.

All our Missions and Posts abroad have made intense preparations to celebrate the International Day of Yoga. Extensive arrangements have also been made to celebrate this event in India. My warmest wishes to all of you for the success of the 2nd International Day of Yoga.
Conclusion Ceremony of the January – June 2016 Session of the VCC classes

The January – June 2016 session of VCC classes concluded on 17th June 2016. An event titled “Conclusion Ceremony” was organized for the students. Mr Avnish Sharma, Minister (Consular) presented the students with certificates for their attendance. All VCC teachers and a maximum number of students attended and witnessed the event. Some selected students gave cultural dance performances and song recitals. A photo session, get together and light refreshments were served to the participants. A total number of 374 students were enrolled in classes on Bharatnatyam, Indian Contemporary, Odissi and Sambalpuri Dance, Tabla, Yoga, Hindi and Bengali language.

India Joins Hague Code of Conduct against Ballistic Missile Proliferation

The Ministry of External Affairs issued a statement on June 2, 2016 that India joined the Hague Code of Conduct against Ballistic Missile Proliferation (HCoC) by notifying the HCoC Central Contact in Vienna through diplomatic channels. The HCoC is a voluntary, legally non-binding international confidence building and transparency measure that seeks to prevent the proliferation of ballistic missiles that are capable of delivering weapons of mass destruction. India’s joining the Code signals our readiness to further strengthen global non-proliferation objectives.

India joins Missile Technology Control Regime

India joined the Missile Technology Control Regime (MTCR) on 27 June, 2016. The MTCR Point of Contact in Paris conveyed the decision regarding India’s accession to the regime through the Embassy of France in New Delhi as well as the Embassies of The Netherlands and Luxembourg. India thanked each of the thirty-four MTCR Partners (including Japan) for their support for India’s membership, and Ambassador Piet de Klerk of The Netherlands and Mr. Robert Steinmetz of Luxembourg, co-Chairs of the MTCR, for facilitating India’s accession to the regime. India’s entry into the regime as its thirty-fifth member would be mutually beneficial in the furtherance of international non-proliferation objectives.

MOFA issued a Press Statement on 27 June 2016 in regard to India’s Participation in the Missile Technology Control Regime. “On June 27, the Republic of India joined the Missile Technology Control Regime (MTCR), and as a result the MTCR now counts 35 countries as subscribing governments. As stated in the Japan-India Joint Statement announced in December 2015, Japan has been attaching importance to India’s participation in the MTCR with the aim of strengthening the international non-proliferation efforts. Japan welcomes India’s participation, which will help strengthen the efforts to prevent proliferation of missiles capable of delivering weapons of mass destruction as well as related equipment and technologies. Japan intends to continue working to strengthen the international non-proliferation regimes.”

Grant of long-term business visas for India to Japanese nationals

The Embassy of India would like to convey that, with immediate effect, Japanese nationals would be eligible for grant of long-term business visas for India for a period of up to 10 years, provided all the necessary documentation is complete in all respects. However, continuous stay during each visit shall not exceed 180 days.

To become wider and deeper and more inclusive in one’s being and consciousness is the aim of Yoga and this is the goal of human life.

Swami Sivananda
Civil Aviation Industry in India

Introduction
India's civil aviation industry is on a high-growth trajectory. India aims to become the third-largest aviation market by 2020 and the largest by 2030. The Civil Aviation industry has ushered in a new era of expansion, driven by factors such as low-cost carriers (LCCs), modern airports, Foreign Direct Investment (FDI) in domestic airlines, advanced information technology (IT) interventions and growing emphasis on regional connectivity. India is the ninth-largest civil aviation market in the world, with a market size of around US$ 16 billion. “The world is focused on Indian aviation – from manufacturers, tourism boards, airlines and global businesses to individual travellers, shippers and businessmen. If we can find common purpose among all stakeholders in Indian aviation, a bright future is at hand” said Mr. Tony Tyler, Director General and CEO, International Air Transport Association (IATA).

Market Size
In January 2016, domestic air passenger traffic rose 23 per cent to 7.66 million from 6.25 million during the same month of last year. Passenger traffic during the January-December 2015 increased at a rate of 20.3 per cent to 81.1 million from 67.4 million in the corresponding period a year ago. In January 2016, total aircraft movements at all Indian airports stood at 156,048, which was 15.9 per cent higher than January 2015. International and domestic aircraft movements increased 10.6 per cent and 17.5 per cent, respectively, in January 2016.

Indian domestic air traffic is expected to cross 100 million passengers by FY2017, compared to 81 million passengers in 2015, as per Centre for Asia Pacific Aviation (CAPA).

Investment
According to data released by the Department of Industrial Policy and Promotion (DIPP), FDI inflows in air transport (including air freight) between April 2000 and December 2015 stood at US$ 612.53 million.

Key investments and developments in India’s aviation industry include:

- Auto components maker Bharat Forge Ltd (BFL), the flagship company of the US$ 3 billion Kalyani Group, has formalised agreement with Rolls-Royce Plc, under which BFL will supply critical and high integrity forged and machined components for a range of aero engines.
- Boeing, has outlined the company’s long term commitment to investing in India in terms of funds as well as skills, capabilities, infrastructure and partnerships so as to help the aerospace sector build capacity and become one of the drivers of the Indian economy.
- The Ministry of Civil Aviation has signed Memorandum of Understanding (MoU) with Finland, Kazakhstan, Kenya, Sweden, Norway, Denmark, Oman and Ethiopia for increased cooperation between the countries in terms of additional seats, sharing of airlines codes, increased frequencies and additional points of call, during the International Civil Aviation Negotiations (ICAN),2015 held in Antalya, Turkey.
- Tata Advanced Systems (TASL) has signed a joint venture with American aircraft manufacturing major, Boeing, to establish a centre of excellence for manufacturing aerostructures for Apache helicopter initially and collaborate on integrated systems development opportunities in India in the long term.
- US-based aircraft manufacturer Boeing plans to assemble one of its two helicopters namely, Chinook (heavy-lift) or Apache (attack type) in India, thus becoming yet another global company to invest in India encouraged by the ‘Make in India’ campaign.
- Airbus SAS, one of the top two aircraft manufacturers in the world, plans to open aircraft maintenance and repair overhaul (MRO) facility in India.
- Airbus, the world’s leading aircraft maker, expects India’s aviation industry to grow at over 10 per cent annually in the next decade, almost double the average growth rate of the global aviation industry.
- Eyeing large orders from Indian airlines, Airbus has committed to source products worth US$ 2 billion cumulatively over the next five years from India; the company plans to provide
customised maintenance and other services closer to the base for all its airline customers in India.

- French drone-maker LH Aviation signed a Memorandum of Understanding (MoU) with India’s OIS Advanced Technologies on June 19, 2015 to manufacture tactical drones in India through an industrial license.

**Government Initiatives**

Government agencies project that around 500 brownfield and greenfield airports would be required by 2020. The private sector is being encouraged to become actively involved in the construction of airports through different Public Private Partnership models, with substantial state support in terms of financing, concessional land allotment, tax holidays and other incentives. In the Union Budget 2016-17, the government introduced various proposals for Maintenance, Repair and Overhaul (MRO) operations for airplanes. These include customs and excise duty exemption for tools and tool-kits used in MRO works. The government has also scrapped the one-year restriction for utilisation of duty free parts apart from allowing import of unserviceable parts by MROs for providing exchange. As per revised norms, the foreign aircraft brought in to India for MRO work would now be permitted to stay up to six months or as extended by aviation regulator Directorate General of Civil Aviation (DGCA). Such foreign aircraft would also be henceforth permitted to carry passengers in the flights at the start and end of its period of stay in India.

Some major initiatives undertaken by the government are:

- Airports Authority of India (AAI) plans to develop city-side infrastructure at 13 regional airports across India, with help from private players for building of hotels, carparks and other facilities, and thereby boost its non-aeronautical revenues.
- Directorate General of Civil Aviation (DGCA), India’s aviation regulator, has signed an agreement with United States Technical Development Agency (USTDA) for India Aviation Safety Technical Assistance Phase II, aimed at bringing in systemic improvements in the area of operation, airworthiness and licensing.
- The Government of India has given site clearance to Delhi Mumbai Industrial Corridor and Development Corporation (DMICDC) for setting up of a Greenfield Airport for public use near Bhiwadi in Alwar district of Rajasthan and has granted ‘in-principle’ approval to 13 other greenfield airport projects.
- The Airports Authority of India (AAI) plans to revive and operationalise around 50 airports in India over the next 10 years to improve regional and remote air connectivity.
- The Government of India, in its draft civil aviation policy released for inputs from stakeholders, has proposed raising Foreign Direct Investment (FDI) limit in domestic airlines from the current 49 per cent to over 50 per cent, along with other reforms such as tax incentives for airlines, incentives for travellers to fly to small towns at affordable rates, and easing the norms for domestic carriers to operate abroad.
- Gujarat is expected to get a second international airport at Dholera. The state government has formed Dholera International Airport Co. Ltd. and is obtaining approvals from the union government.
- The Directorate General of Civil Aviation (DGCA) has given its approval to Air India’s maintenance, repair and overhaul (MRO) unit.
- The Government of India has decided to award airports in Kolkata, Chennai, Jaipur and Ahmedabad on management contract. AAI has issued the ‘Request for Qualification’ document for these four airports.

**Road Ahead**

India’s aviation industry is largely untapped with huge growth opportunities, considering that air transport is still expensive for majority of the country’s population, of which nearly 40 per cent is the upwardly mobile middle class. The industry stakeholders should engage and collaborate with policy makers to implement efficient and rational decisions that would boost India’s civil aviation industry. With the right policies and relentless focus on quality, cost and passenger interest, India would be well placed to achieve its vision of becoming the third-largest aviation market by 2020 and the largest by 2030.

Exchange Rate Used: INR 1 = US$ 0.0147 as on March 01, 2016

References: Media Reports, Press Releases, Press Information Bureau, Directorate General of Civil Aviation (DGCA), Airports Authority of India (AAI), Union Budget 2016-17. Courtesy: www.ibef.org
Maharashtra

Maharashtra is situated in the western region of the country. The state shares borders with Gujarat, Madhya Pradesh, Chhattisgarh, Andhra Pradesh, Karnataka, Goa and the Union Territory of Dadra and Nagar Haveli.

Maharashtra’s gross state domestic product (GSDP) accounted for 12.98 per cent of India’s gross domestic product (GDP) in 2014-15, the highest among all states. The GSDP grew at a CAGR of around 11.1 per cent between 2004-05 and 2014-15 to reach US$ 264.8 billion.

Total FDI in the state stood at US$ 76.4 billion from April 2000 to September, 2015, the highest among all states in India. Maharashtra’s exports totalled US$ 73.9 billion in 2014-15.

The state’s capital, Mumbai, is the commercial capital of India and has evolved into a global financial hub. The city is home to several global banking and financial service firms. Pune, another major city in the state, has emerged as the educational hub. Maharashtra has emerged as a key hub for IT and ITeS, electronics and captive business outsourcing industries.

Maharashtra is the most industrialised state in India and has maintained the leading position in the industrial sector in the country. The state is equally a frontrunner in small scale industries and boasts of the largest number of special export promotion zones. As of January 2016, Maharashtra had a total installed power generation capacity of 38,716.1 megawatt (MW).

Maharashtra accounts for approximately 35.1 per cent of the country’s automobile output by value. Pune is the largest auto hub of India, with over 4,000 manufacturing units just in the Pimpri-Chinchwad region. The state also has the largest base of local original equipment manufacturers (OEMs). The state has a well-developed social, physical and industrial infrastructure. Apart from four international and seven domestic airports, the state has two major and 53 minor ports. It also has a well-developed power supply grid. Maharashtra's infrastructure sector has grown significantly over the last decade, with a substantial rise in the number of industrial clusters and public-private partnership (PPP) projects.

Recent Developments

- Global beverage company Pepsi plans to invest Rs 500 crore (US$ 72.84 million) to set up another unit in Maharashtra to make mango, pomegranate and orange-based citrus juices, while biotechnology giant Monsanto plans to set up a seed plant in Buldhana district of Maharashtra.
- Maharashtra is the most internet friendly state in India, based on an Internet Readiness index that is a composite of factors such as e-infrastructure, e-participation, information technology (IT) services and e-governance services in the state, as per a report by industry body Internet and Mobile Association of India (IAMAI) and Indicus Analytics.
- Amazon Web Services (AWS), Amazon’s cloud service arm, has set up five data centres in various locations in Mumbai to cater to the fast growing e-commerce and cloud computing space in India, similar to the steps taken by companies such as Flipkart, Microsoft and IBM to locate their data centres in India and build their businesses around them.

See more at: [http://www.ibef.org/states/maharashtra.aspx](http://www.ibef.org/states/maharashtra.aspx)
Karnataka is a tapestry of colours, cultures, flavours, landscapes, timelessness and heart stopping beauty. It’s a place where vibrant worlds seamlessly meld into one another every few hundred kilometers. Sedate plains suddenly rise to dizzying mist covered hilly heights, and then plunge with careless abandon in a white-watered freefall to become languid rivers that flow past cities where time has stopped altogether. And cities where time rushes a relentless rush to keep up with the world; cities that sometimes escape into the deep quietude of thick forests and sometimes, stretches their arms wide open to embrace the sea. Host to some of India's largest and most powerful dynasties, the state has across the centuries, carried a legacy of art and culture. Its geography - making it, by all means, a 191,791 square kilometre trail of whimsy.

Karnataka has evolved into a health destination. Numerous specialty services, different streams of heath care, state-of-the-art equipment, hospitals of global repute and the undeniable cost-advantage have amped up Bangalore's health tourism prospects. Right from allopathy to alternate healing like Ayurveda, Siddha, Unani, Naturopathy, spas and other unconventional forms of therapy are offered in the city. Add a salubrious climate that's conducive to healing and recuperation to this, and you have a thorough rejuvenation experience called Karnataka.

Ayurveda

Ayurveda is regarded as the life science itself and has found an exponent in Karnataka. Along with a good number of respected practitioners choosing Bangalore to set up their facility, Karnataka also boasts some of the most renowned premium ayurvedic retreats. Add both national and international spa brands to this, and you have what makes Karnataka a rather unique ayurveda destination.

Prominent Ayurveda Centres

Ayurvedagram Heritage Wellness Centre
Hemmandadahalli, Samethanahalli, Whitefield, Bangalore 560 067
Web: www.ayurvedagram.com

Indus Valley Ayurvedic Centre
Talavane Farm, Lalithadripura, Mysore 570 010
Web: www.ayurindus.com
Holistic healing

Holistic healing, including schools like Siddha and Unani is the science of healing that takes into consideration all the aspects relating to a person - psychological, physical and social. So it's only natural that Karnataka offers holistic healing centres in picture-perfect locales. Some so famous that their patron list includes royalty.

Prominent Holistic healing Centres

Our Native Village
Kodihalli Village, Madurai Hobli, Doddaballapur Taluk, Hessarghatta, Bangalore 560 088,
Web: www.ournativevillage.com

Soukya International Holistic Health Centre
Soukya Road, Samethanahalli, Whitefield, Bangalore 560 067,
Web: www.soukya.com

The Serai (Kabini, Bandipur, Chikmagalur)
Yoga

Yoga has a centuries-old association with Karnataka. As the Ashtanga Yoga capital, Mysore, which was hailed by The New York Times in 2010 as the fourth-best destination in the world, has had some famous visitors - Madonna, included. From weekend retreats to extensive sessions, Karnataka offers some rather unique yoga and meditation experiences.

Prominent Yoga Centres

Ashtanga Yoga Institute

#235, 8th Cross, 3rd Stage Gokulam, Mysore 570 002

Web: www.kpjayi.org

Atmayaan

1121, 19th Main, 2nd A Cross, JP Nagar, 2nd Phase, Bangalore 560 078

Web: www.atmayaan.com

Swaswara

Donibhail, Om Beach, Gokarna 581 326

Web: www.cghearth.com

Vivekananda Yoga Anusandhana Samsthana

19, Eknath Bhavan, Gavipuram Circle, Kempegowda Nagar, Bangalore 560 019

Web: www.vyasa.org

Naturopathy

Naturopathy is built on the tenets of vitality and works on the practise of self-healing. As a health care system, naturopathy works towards eliminating toxins and reducing the intake of medicines. A science that's strictly curative in nature, naturopathy corrects relative ailments and revitalises the body. Bangalore, with its salubrious climate which is therapeutic in itself, is a particularly good place to recuperate at leisure.

Prominent Naturopathy Centres

Jindal Naturecure Institute

Jindal Nagar, Tumkur Road, Bangalore 560 073

Web: www.naturecure-inys.org

Courtesy: [www.karnatakatourism.org](http://www.karnatakatourism.org), [www.mapsofindia.com](http://www.mapsofindia.com)
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| 1.  | M/s Paradigm International  
Mr. K.A. Kavin Kumar  
E-mail: Ankitvora94@gmail.com | Agro Product |
| 2.  | Mr. Moziburrahman Shaikh  
M/s Praised International, B-3 Revewew  
Housing Society, Near Macca Masjid, Fulwadi, Ved Road, Surat, Gujarat (India- 395004)  
E-mail: praisedinternational@gmail.com  
Tel No.  91-9726984396 | Coriander and turmeric |
| 3.  | Mr. Saikam Aishwarya, A-2 8th Cross  
Senguthapuram, KAur 639-002 India  
E-mail: kavin@paradigmtex.com  
Tel. No.  91-999466992 | Home textile |
| 4.  | Mr. Hari S. J.  
E-mail: Hbhexports2016@gmail.com  
Tel No.  91-9789505959 | Herb, Honey, Spices |

Regular meditation opens the avenues of intuitional knowledge, makes the mind calm and steady, awakens an ecstatic feeling, and brings the practitioner in contact with the source of his/her very being.

Swami Sivananda

Trade Queries from India
<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
<th>Company</th>
<th>Email</th>
<th>Products</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.</td>
<td>M/s Pacific Exports</td>
<td>Mr. Prashant Agarwal</td>
<td><a href="mailto:sales@pacificexportsindia.com">sales@pacificexportsindia.com</a></td>
<td>Home textiles</td>
</tr>
<tr>
<td>6.</td>
<td>Ms. Surana Narpat</td>
<td>KaMak Pulses</td>
<td>37/3 delsar Dahod, (Gujarat)</td>
<td><a href="mailto:kamalpulses1995@gmail.com">kamalpulses1995@gmail.com</a></td>
</tr>
<tr>
<td>7.</td>
<td>Mr. PNKJ Rathod</td>
<td>M/s Rangani International, 109 Alap – B Limda Chock, Rajkot 360001</td>
<td><a href="mailto:info@ranganipolyflex.com">info@ranganipolyflex.com</a></td>
<td>Pipes</td>
</tr>
<tr>
<td>8.</td>
<td>Mr. Gnadadas</td>
<td>M/s. ABA PACKING CENTRE</td>
<td><a href="mailto:abapackingcenter@gmail.com">abapackingcenter@gmail.com</a></td>
<td>Honey and coconut oil</td>
</tr>
<tr>
<td>9.</td>
<td>Mr. Prateek Capoor</td>
<td>M/s Varsha Industries PVT. Ltd.</td>
<td><a href="mailto:varshaindustriesprivatelimited@gmail.com">varshaindustriesprivatelimited@gmail.com</a></td>
<td>Agro</td>
</tr>
<tr>
<td>10.</td>
<td>Mr. R. Thennarasu</td>
<td>M/s Varath Exports</td>
<td><a href="mailto:contact@varathexports.com">contact@varathexports.com</a></td>
<td>Agro</td>
</tr>
<tr>
<td>11.</td>
<td>Mr. Nilesh Senta</td>
<td>M/s Kisan Foods</td>
<td><a href="mailto:exports@kisanfoods.in">exports@kisanfoods.in</a></td>
<td>Vegetables &amp; Spices</td>
</tr>
<tr>
<td>12.</td>
<td>Mr. G. Thailambal</td>
<td>M/s Sai International</td>
<td><a href="mailto:sreebabab608@gmail.com">sreebabab608@gmail.com</a></td>
<td>Nut, spices</td>
</tr>
<tr>
<td>13.</td>
<td>Mr. Salman Shaikh (Executive International Marketing)</td>
<td>KY EXIM 78, Molana Azad Park, Sarkhej Road, Ahmedabad Pincode:380055</td>
<td><a href="mailto:kyexamindia@gmail.com">kyexamindia@gmail.com</a></td>
<td>Dehydrated products</td>
</tr>
<tr>
<td>14.</td>
<td>M/s Sai International</td>
<td>SAI INTERNATIONAL, TIRUNELVELI Dist., TAMIL NADU, INDIA.</td>
<td><a href="mailto:sreebabab608@gmail.com">sreebabab608@gmail.com</a></td>
<td>Handicrafts, Ladies wear</td>
</tr>
<tr>
<td>15.</td>
<td>M/s ASTHA Enterprise</td>
<td></td>
<td><a href="mailto:asthaenterprise.exim@gmail.com">asthaenterprise.exim@gmail.com</a></td>
<td>Rice, dietary &amp; organic supplements, food products</td>
</tr>
<tr>
<td>16.</td>
<td>Mr. Pankaj Kothari</td>
<td>M/s SHASHI MINERALS</td>
<td><a href="mailto:pankaj.kothari@shashiminerals.com">pankaj.kothari@shashiminerals.com</a></td>
<td>Import Export data from Japan to India available from respective port authority. (mineral stones, etc.)</td>
</tr>
<tr>
<td>17.</td>
<td>Mr. Rakshit Shah</td>
<td>M/s Photonics Watertech Pvt Ltd.</td>
<td>[info@ photonicswatertech.com](mailto:info@ photonicswatertech.com)</td>
<td>Solar LED Street Lights, LED Street Lights, LED Flood Lights, Solar LED Flood Light, etc.</td>
</tr>
<tr>
<td>18.</td>
<td>Mr. Maulik Trivedi</td>
<td>M/s Kunststoff Pipes LLP</td>
<td><a href="mailto:pankaj.kothari@shashiminerals.com">pankaj.kothari@shashiminerals.com</a></td>
<td>HDPE, MDPE, PPR, PPH, ABS &amp; Pipes &amp; Fittings.</td>
</tr>
<tr>
<td></td>
<td>Name of the Company/Person</td>
<td>Details</td>
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<td></td>
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<td>19.</td>
<td>Mr. Aparna Deshpande Bhasin</td>
<td>M/s PESTICIDES MANUFACTURERS &amp; FORMULARTORS ASSOCIATION OF INDIA. Tel: +91-22-26734845/46 Fax:+91-22-26734847 E-mail: <a href="mailto:adeshpande@pmfai.org">adeshpande@pmfai.org</a> URL: <a href="http://www.pmfai.org">www.pmfai.org</a></td>
<td></td>
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<tr>
<td></td>
<td>Agrochemical products</td>
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<tr>
<td>20.</td>
<td>Mr. Mohit Lambhiya</td>
<td>M/s OMKAR INTERNATIONAL Add: E-504, Silver Green Building, Near Indian Petrol Pump, Utran, Surat-394105, India. Tel: 91-8460502374 E-mail: <a href="mailto:info@omkarinternational.in">info@omkarinternational.in</a></td>
<td></td>
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<tr>
<td></td>
<td>Flanges and Fittings</td>
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<td>21.</td>
<td>Mr. Nirav Darji</td>
<td>M/s Shana Exports Add: B37/3, Ajanta commercial centre, Income Tax circle, Ashram Road, Ahmedabad, Gujarat, India. Tel: 91-8238507946 E-mail: <a href="mailto:niravrdarji5@gmail.com">niravrdarji5@gmail.com</a> <a href="mailto:nirav.rdarji@yahoo.co.in">nirav.rdarji@yahoo.co.in</a></td>
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<tr>
<td></td>
<td>Spice, frozen vegetables, fresh vegetables, fruit, mango pulp, etc.</td>
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<tr>
<td>22.</td>
<td>Mr. Sree Baba</td>
<td>M/s SAI INTERNATIONAL Add: Tuticorin, Tamil Nadu, India E-mail: <a href="mailto:sreebaba608@gmail.com">sreebaba608@gmail.com</a></td>
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<td>Ginger</td>
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<td>23.</td>
<td>Mr. Bichitra Barik</td>
<td>M/s TITAN BIOTECH LTD. Add: 303-305, Lusa Tower, Azadpur Comm. Complex, Azadpur Delhi-110 033, India. Tel: 011-47020100 Fax: 011-47619811 <a href="mailto:marketing@titanbiotechltd.com">marketing@titanbiotechltd.com</a> E-mail: <a href="mailto:ex5@titanbiotechltd.com">ex5@titanbiotechltd.com</a> URL: <a href="http://www.titanmedia.in">www.titanmedia.in</a></td>
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<td></td>
<td>Food additives</td>
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<td>24.</td>
<td>Mr. Ashok Rajput</td>
<td>M/s INDIANA EXPORT Add: F-60 Someswer Shopping Mall, Modhera Road, Near IOC Petrol Pump, Mehsana-384002, Gujarat, India Tel: +91-8140818718/+91-9662058775 E-mail: <a href="mailto:indianaexport4u@gmail.com">indianaexport4u@gmail.com</a></td>
<td></td>
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<tr>
<td></td>
<td>Glass manufacturing, Sanitary ware, Ceramic tiles, Picture tubes, Marble production Electronic Industries.</td>
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<td>25.</td>
<td>Mr. Hitesh Bhatia</td>
<td>M/s HYS Developers LLP Add: Block No.1035A, NrAyodhyaShilaj Township, Rancharda Road, Shilaj, Ahmedabad-380058, Gujarat, India. Tel: +91-2717615500/01 E-mail: <a href="mailto:hitesh@hysdevelopers.com">hitesh@hysdevelopers.com</a></td>
<td></td>
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<tr>
<td></td>
<td>Petrochemicals, Oil Chemicals, other chemical products.</td>
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<tr>
<td>26.</td>
<td>Mr. Dhaval D. Patel</td>
<td>M/s PARAM EXIM Add: 12, Shivam Complex, Opp. Gangeshwor Temple Adajan, Surat, Gujarat-395009, India. Mob: +91-9723364475 E-mail: <a href="mailto:ptamexim123@gmail.com">ptamexim123@gmail.com</a></td>
<td></td>
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<tr>
<td></td>
<td>Honey</td>
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<tr>
<td>No.</td>
<td>Name</td>
<td>Company/Address</td>
<td>Contact Details</td>
<td>Products/Service</td>
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</tr>
<tr>
<td>27.</td>
<td>Mr. Sowmya Ramanujam</td>
<td>M/s Tata Chemicals Limited</td>
<td>Add: Leela Business Park, Andheri East, Mumbai 400059, Maharashtra, India. Tel: +91-22-6643 7400 Extn 9609 Mob: +91-9619594059 E-mail: <a href="mailto:sowmyar@tatachemicals.com">sowmyar@tatachemicals.com</a></td>
<td>Nutraceutical, pharma and functional food ingredients.</td>
</tr>
<tr>
<td>29.</td>
<td>Mr. R. Ramesh Kumar</td>
<td>M/s The Council for Leather Exports E-mail: <a href="mailto:cle@cleindia.com">cle@cleindia.com</a></td>
<td></td>
<td>Footwear and Leather products</td>
</tr>
<tr>
<td>30.</td>
<td>Mr. Manish Chhajed</td>
<td>Tel: +91-9987485432 E-mail: <a href="mailto:visitmanish@gmail.com">visitmanish@gmail.com</a></td>
<td>Japanese business partner deal for a renewable company in India.</td>
<td></td>
</tr>
<tr>
<td>31.</td>
<td>Mr. Anil Jain</td>
<td>M/s RSWM Limited.</td>
<td>Mob: +91-7506694563 E-mail: <a href="mailto:anilk.jain@lnjbhilwara.com">anilk.jain@lnjbhilwara.com</a> URL: <a href="http://www.rswm.in/">http://www.rswm.in/</a></td>
<td>Yarn</td>
</tr>
<tr>
<td>32.</td>
<td>Mr. Naimish J. Lakhani</td>
<td>Add: D-0101, Ashok Gardens, 1st Floor, T.J.Road, Sewree(w), Mumbai Tel: +91 9324111621(M) E-mail: <a href="mailto:naimishjlakhani@hotmail.com">naimishjlakhani@hotmail.com</a></td>
<td></td>
<td>Paper, Foodstuffs, Electronics</td>
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</tbody>
</table>

Yoga is a light, which once lit, will never dim. The better your practice, the brighter the flame.  
BKS Iyengar

B.K.S. Iyengar Babasaheb Ambedkar
1. H.E. Ambassador Sujan R. Chinoy co-hosted a reception with Rear Admiral SV Bhokare, YSM, NM, Flag Officer Commanding Eastern Fleet aboard INS Satpura and INS Sahyadri

2. INS Sahyadri and INS Satpura, participating in Malabar-16 Exercises

3. H.E. Ambassador Sujan R. Chinoy with the Governor of Toyama Prefecture Mr. Takakazu Ishii

4. H.E. Ambassador Sujan R. Chinoy with Mr. Ryoichi Matsuyama, President of JNTO

5. H.E. Ambassador Sujan R. Chinoy visited NHK headquarters

6. H.E. Ambassador Sujan R. Chinoy makes welcoming remarks at the Seminar on Opportunities in the Indian Gaming Sector